



116 Drexel Ave.  
Decatur, GA 30030-2836  
[www.ohbabyfitness.com](http://www.ohbabyfitness.com)  
Phone: 678.528.1390  
Fax: 678.919.7236

**Oh Baby! Fitness' Medical Consent Policy**

**Oh Baby! Fitness REQUIRES pregnant women and new moms less than 12 weeks postpartum to present a completed Medical Consent Form prior to participating in any Oh Baby! Fitness classes.**

**MEDICAL CONSENT FORM**

I, \_\_\_\_\_, am aware that \_\_\_\_\_ wishes to  
(print caregiver's name) (print participant's name)

participate in Oh Baby! Fitness' \_\_\_\_\_ exercise class. I know  
(print class name)

of no reason why she should not participate.

Caregiver's Signature: \_\_\_\_\_

Date: \_\_\_\_\_

Caregiver's Phone #: \_\_\_\_\_

Please note any special restrictions here: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Please fax this form to Oh Baby! Fitness at 678.919.7236 at least one week prior to your first class, or bring it to your first class. Thank you!**